

MMMMMMMENU



LIGHT MEALS

- / Quaker maple and brown sugar instant oatmeal
- / Campbell's chicken noodle soup **\$3**
- / Summer Fresh hummus and crackers
- / Banana bread

- / **The New Yorker** Bagel with cream cheese **\$4**

- / Fontaine Santé feta cheese and pasta salad **\$5**

- / **The Bruncher** Egg salad, Monterey Jack and bacon wrap **\$6**

- / **The Nibbler** Cheese and crackers (gluten-free) **\$6⁵⁰**

- / **The Mother Hen** Chicken salad sandwich on multigrain bread

- / **The Higgledy Piggledy** Black Forest ham and smoked Gouda sandwich with maple mayonnaise **\$7**

- / **The Old Fashioned** Smoked turkey, apple and pesto wrap

- / **The Harvester** Fresh veggie and coriander wrap with sesame mayonnaise

- / **The Roost** Grilled chicken salad with vegetables and vinaigrette **\$9**

- / **The Connoisseur** Assorted cheese plate with crackers, fruit, nuts and chocolate **\$10⁵⁰**

SNACKS

- / Yogurt
- / Lindt 70% dark chocolate bar
- / Chocolate bar **\$2**
- / Pringles chips
- / Assorted Lay's potato chips

- / Healthy bars Kind (gluten-free)
- / Cool Mama almond mix
- / Cool Mama flax sesame mix **\$3**
- / Two-Bite Brownies

- / Fourmi bionique gourmet mix (roasted almonds, dried fruits and dark chocolate) **\$3⁵⁰**

BEVERAGES

- / Soft drink
- / Milk or chocolate milk **\$2**
- / Spring water

- / Coffee, decaffeinated coffee, tea or herbal tea **\$2²⁵**
- / Hot chocolate

- / Simply Fresh orange or apple juice **\$3**
- / V8 vegetable juice
- / Simply lemonade

- / Arthur's Very Berry smoothie **\$3⁵⁰**

ALCOHOLIC BEVERAGES

- / Coors Light or Molson Canadian beer 355 ml **\$6**

- / Diamond Estate Canadian red or white wine 200 ml
- / Heineken imported beer 330 ml **\$7**
- / Classic cocktail (mix included) 50 ml

OTHER

- / Headphones **\$3**



MEAL TRAY

(limited quantities / on certain trains only)

- / Choice of breakfast, lunch or dinner (includes a non-alcoholic beverage) **\$12**

The photos may not be representative of the meals being offered on your train. Please ask the attendant for more details.



All sales taxes are included. VIA Rail accepts most major credit cards. Consumption of personal alcoholic beverages on these premises is prohibited by law. Some menu items may contain nuts or traces of peanuts.

WE RECYCLE Please ask your attendant for the location of the recycling bins. Some packaging is recyclable and biodegradable.

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3. Launch your web browser.
4. Select your preferred language and accept the Terms & Conditions of Wi-Fi Use and On-Train Entertainment.

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