

**A menu filled with  
local products  
you'll love**



## **Menu**

### **Snacks**

**\$2.50**

Chocolate bar

Twizzlers Nibs

Chips

Ⓚ Yogurt with granola

**\$3**

Ⓚ Two-Bite brownies

Delicouki oatmeal and Laura Secord chocolate chip  
cookies

Banana bread

**\$3.50**

ⓀⓈ Fourmi Bionique Foodie Mix (roasted almonds, dried  
fruits and dark chocolate)

Salted roasted almonds

Salted cashews

### **Beverages**

**\$2**

Spring water

Spicy Clamato

**\$2.25**

Milk or chocolate milk

**\$2.50**

Soft drink

Coffee, decaffeinated coffee, Sloane tea or herbal tea

Hot chocolate

**\$3**

Simply Orange or Simply Apple juice

V8 vegetable juice

Simply Lemonade

Montellier sparkling water

San Pellegrino sparkling fruit beverage



Save 50¢ on your coffee when you present a reusable cup.

## **Alcoholic beverages**

**\$7.50**

Domestic beers, 355 ml

**\$9**

Premium Canadian VQA red or white wine, 200 ml

Classic cocktail (mix included), rum, gin, vodka,  
scotch, Irish cream, rye 50 ml

**\$9.50**

Imported beers, 500 ml, and craft beers, 473 ml

→ Limited quantities

### **Meal tray**

**Available on select trains only**

**\$10**

Choice of breakfast

**\$12**

Choice of lunch or dinner

**\$15**

Table d'hôte when available

All meal trays include a non-alcoholic beverage

### **Light meals**

**\$3.50**

- Ⓚ Quaker maple and brown sugar instant oatmeal  
Campbell's chicken noodle soup
- Ⓚ Summer Fresh hummus and crackers

**\$4**

Bagel and cream cheese

**\$8**

**New Ham Croissant** – Ham and Swiss cheese with grainy mustard and fig spread on a croissant

**New Turkey Sandwich** – Shaved turkey with sundried tomato pesto and provolone cheese on multigrain bread

Ⓟ **Falafel wrap** – Whole wheat wrap with falafels, fresh veggies and tzatziki

**Chicken wrap** – Chicken salad with apples, cranberries and Swiss cheese on lavash bread

**\$9.50**

ⓅⓅ **Assorted Vegetable Plate** – Carrots, snap peas, tomatoes and peppers with vegetable dip, hummus, guacamole, gluten-free crackers and Made Good granola bar

**\$11**

Ⓟ **New Assorted Cheese Plate** – Selection of Canadian cheeses: Honey goat, OKA wedge, brie, yellow cheddar and aged cheddar with apple slices, almonds, dried cranberries and chocolate square

## **Other**

**\$6**

Headphones

Some items may not be available on all trains.

- Ⓚ Kosher
- Ⓥ Vegetarian
- 🌱 Vegan
- Ⓜ Gluten-free

All sales taxes are included. VIA Rail accepts most major credit cards (**cash no longer accepted on this route**). Provincial laws forbid passengers from consuming personal alcoholic beverages on the train. Alcohol available for purchase between 9:00 a.m. and 2:00 a.m. only on all Québec City-Windsor corridor trains. We cannot guarantee that the items sold on board do not contain or have not come into contact with peanuts, nuts, or other allergens.

## **WE RECYCLE**

Please ask your attendant for the location of the recycling bins. Certain types of packaging are recyclable or biodegradable.

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